

Kim Segal
Therapeutic Laser Associates, PLLC
6020 Parker Road
Plano, TX 75093

September 28, 2007

The week before Mother's Day this year I over did it hiking in the mountains around Vail, Colorado. This caused my right knee and ankle to swell and I was in great pain. I was unable to carry on with my normal activities, could no longer wear any type of a shoes with a heel. I could hardly walk. I tried pain medication, ice, staying off of my knee as much as possible, nothing helped.

I live in Florida but I decided to fly back to Vail in June, to see an orthopedic surgeon (where they treat injuries and not mostly old knees) I was told that I have tipped kneecaps and no surgery would help. And that I would need 6 weeks of physical therapy-which I did. I was still in constant pain and the swelling was getting worse. The more my knee swelled the more it rubbed the inside of the kneecap and it became a vicious cycle. I was getting very depressed over this.

A good friend of mine, Jett Segal (also sister of Kim) told me about Kim and her new laser therapy(LLLT) that might help. I was ready to do anything. I called and spoke to Kim and she said she was sure that she could help me. I made my 4 days of appointments starting on September 4 and flew to Dallas. I had 3 treatments a day for 3 days and 2 on the day I flew back to Florida. I was better after the first treatment! I was so excited to finally feel better. The pain and swelling in my knee and ankle are gone. It has been 3 weeks today since I had my last treatment and I am still improving everyday. I am doing stretches and exercises Kim has advised me to do. And I have not had to take any pain medication for a while now.

The treatment has also greatly helped my fibromyalgia and pain in my back, neck and hips that I have lived with for 15 years.

This new laser treatment is truly a miracle. Thank you for caring and giving me my life back.

Sincerely,

Joy Kennedy
1631 W Camino Del Rio
Vero Beach, Fl 32963